



# LANGUAGE-MIXING: A DEFINITION

The presence of and need to maintain multiple languages within the same context (Caira et al., under review)

= Integral part of the bilingual experience (e.g., language-mixing in conversations)



#### LANGUAGE-MIXING IN EDUCATION

# Typically not the dominant pedagogy in educational contexts, even in multilingual programmes (e.g., CLIL education) (Wei, 2018)

- → Prevalence of one language-one subject rule (Lambert & Tucker, 1972)
- → Language-mixing considered as a sign of lacking proficiency in both languages (Reyes, 2004)

This goes against the CLIL pedagogy as it was originally intended (Marsh, 2013) and recent theoretical recommendations (i.e., translanguaging) (e.g., Nikula & Moore, 2019)

→ Systematic reviews point to a distinctive lack of quantitative assessment of LM-practices and learning outcomes (Prilutskaya, 2021; Lu et al., 2023)



# LANGUAGE-MIXING IN COGNITIVE RESEARCH

# Researching crosslanguage interference

- Need for language control to prevent it (Declerck & Koch, 2023)
- → Additional cognitive resources which may lead to mixing costs (Declerck, 2020)
- Keeping multiple languages separate is more demanding than dense code-switching (see Figure 1)

	Interactional contexts		
Control processes	Single language	Dual language	Dense code- switching
Goal maintenance	+	+	=
Interference control: conflict monitoring and interference suppression	+	+	=
Salient cue detection	=	+	=
Selective response inhibition	=	+	=
Task disengagement	=	+	=
Task engagement	=	+	=
Opportunistic planning	=	=	+

Figure 1 (Green & Abutalebi, 2013)



# LANGUAGE-MIXING IN COGNITIVE RESEARCH

### Previous studies investigating language-mixing:

- **Production**: non-cued switching tasks bring about a mixing benefit (no competition between languages) (de Bruin et al., 2020; Grunden et al., 2020)
- **Comprehension**: no mixing costs, except in language pairs with a high cognate rate (Declerck et al., 2019)
- → Has this been investigated in an educational context before?



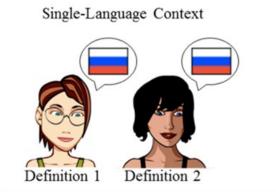
# PREVIOUS STUDIES COMBINING BOTH

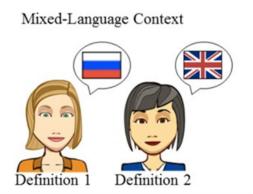
# Only a couple studies investigated the link between language-mixing and recall of information (Anton et al., 2016):

30 unbalanced bilinguals (mean age = 14,38 years)

- → Russian as L1, English as L2 at school
- → 50/50 language exposure at school

#### Old/New experiment with SLC & MLC:







# RESEARCH BACKGROUND

# PREVIOUS STUDIES COMBINING BOTH

#### **Results:**

no differences in terms of accuracy scores and RT's between the two conditions

→ Confirms previous results for balanced Spanish-Basque bilinguals (Anton et al., 2015)

## Why is there no disadvantage for the mixed-language condition?

- → The processing of L2 input requires L1-mediation through translation (Anton et al., 2016, p.44)
- → The cognitively costlier or slower decoding process linked to MLCs might have caused the information to be better internalized and established in memory (Anton et al., 2016, p.44)



# PRESENT DESIGN

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#### LIMITATIONS OF PREVIOUS STUDIES

1) Perfectly balanced exposure rate is not representative of most (educational) contexts

1) Inclusion of participants with unbalanced L2 exposure at school

- 2) No comparison with a single language L2 context
- 2) Addition of a third context in the L2

- 3) Immediate recall only, no findings on long-term effects.
- 3) Addition of a delayed posttest 36 hours later



# PRESENT DESIGN RESEARCH QUESTIONS

- 1. Can the previously reported absence of mixing costs in memory recall (cf. Antón et al., 2015, 2016) be replicated with CLIL students who have an unbalanced exposure context at school?
- 2. How do recall abilities in a mixed-language context compare to a single-language context in the CLIL language (L2)?
- 3. What are the consolidation effects of mixed-language input over time for recall of information?







# Two schools with Dutch bilingual (CLIL) programmes in Wallonia:

- 29 Participants at both T1 & T2
- 10 hours of L2 exposure (31% of the curriculum)
- First and second year pupils with French as L1, Dutch as L2
- Controlled for L2 proficiency (LexTale, Lemhöfer & Broersma, 2012), SES, language background and neurodiversity (Leap-Q, Marian et al., 2007)

	n	M	SD	
Gender	29	18 female		
Age	21	13,17	0,54	
SES	20	5,25	0,85	
French Lextale	29	75,12 %	8,86 %	
Dutch Lextale	29	53,41 %	5,64 %	



# **METHODOLOGY**

## OLD/NEW TASK: GENERAL DESIGN

## Input phase:

3 sets of 14 different auditory definitions of concrete nouns in French with high frequency (Eduscol, 2023)

Each definition consists of two characteristics

### **Test phase:**

3 sets of 28 different image pairs of equally frequent words (Eduscol, 2023)

14 'old' items & 14 'new' items in every language context

One distinct set for each of the three contexts (counter-balanced order)



# METHODOLOGY

# OLD/NEW TASK: THREE LANGUAGE CONTEXTS

# L1 (French):

- (1) on s'en sert pour se déplacer
- (2) a quatre roues et un moteur

# **L2 - (Dutch):**

- (1) wordt gebruikt om zich te verplaatsen
- (2) Heeft vier wielen en een motor

#### **Mixed context:**

- (1) on s'en sert pour se déplacer
- (2) Heeft vier wielen en een motor

#### (Car:

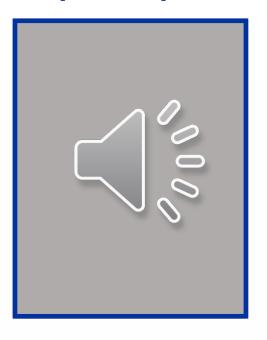
- Used to get around
- Has four wheels and an engine)



# METHODOLOGY

# OLD/NEW TASK IN PRACTICE: SINGLE LANGUAGE L1

#### **Exposure phase**



3\*14 stimuli: stimulus + 500 ms

# **Test phase**



3\*28 stimuli: keyboard response: 'y' or 'n'

## **Data analysis**

Response Times + Accuracy scores



# METHODOLOGY DATA ANALYSIS

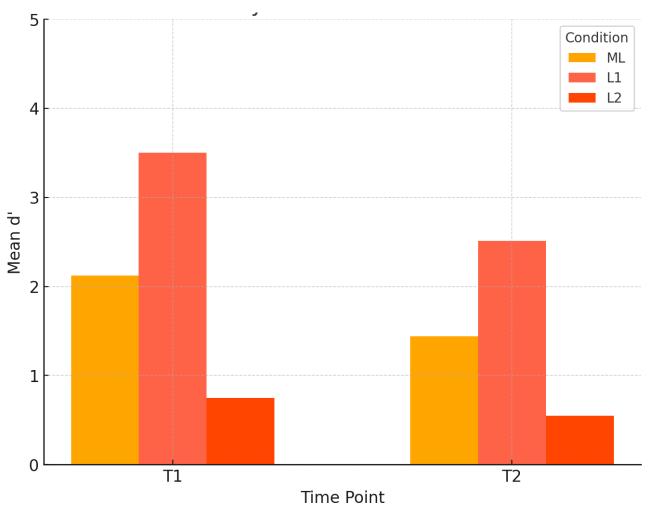
- Accurate recall (d') = proportion of hits (i.e. correct responses to old items) proportion of false alarms (i.e. incorrect responses to new items) (Anton et al., 2016)
- **Response Times (RT's):** 500ms lower limit and M + 2\*SD as upper limit (deleted 4,30% of the data)
- **LME's in R**: language context (ML vs L1 vs L2) & time (immediate vs delayed) as fixed effects; variance between participants and stimuli as random effects
  - → follow-up analyses with L2 proficiency scores as additional fixed effect



# **RESULTS & DISCUSSION**

# RESULTS

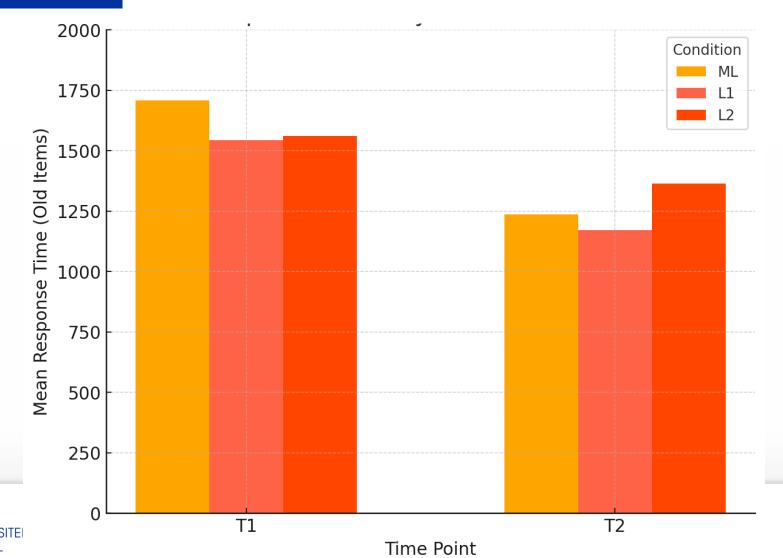
# ACCURATE RECALL





# RESULTS

# RESPONSE TIMES



# RESULTS

# FOLLOW-UP ANALYSIS: L2 PROFICIENCY

#### **Accurate recall:**

# **Response times:**



# What are the effects of a mixed-language input on recall of information?

- RQ1: mixing costs for both accurate recall and response times compared to L1
- RQ2: mixing benefit in accurate recall and mixing cost in response times compared to L2
- **RQ3:** Overall decline in recall performance; steepest decline in mixed-language-context

### Different results in comparison to Anton et al.:

RQ1: they reported no mixing costs or benefits between a mixed-language and L1 context



#### EXPLAINING MIXING COSTS AND BENEFITS

- Lower L2 exposure at school:
- → Differences in terms of L2 exposure (30% vs. 50%) and experience (13,17 vs. 14,38 years old)
- → Weaker-link hypothesis: word-concept associations in a language are highly dependent on prior use, exposure and experience (Gollan et al., 2008)
- Lower L2-proficiency:
- → Statistical evidence that an increase in L2 proficiency reduces mixing costs and benefits
- → insufficient L2 (lexical) knowledge to fully decode the L2 input (Sakai, 2009), which leads to worse recall performance
- Response times:
- → Account of mixing costs in languages with lower cognate rate (←→ French and Spanish in Declerck et al., 2020): presence of language control in mixed context?





### Both mixing cost and benefit in recall decrease over time

- Benefit: Possible floor effect in L2 context
- Cost: difference gets smaller, but steepest decline in recall performance over time in mixed-language context
- → General need for spaced repetition of learning materials both in education and memory in general (e.g., Abbas et al., 2023)



# DISCUSSION IMPLICATIONS FOR PRACTICE

## **Should LM be implemented in CLIL education?**

- Mixing cost vs. L1 is not as relevant in single-language L2 environments
- → As their L2 proficiency increases over time, we predict that the mixing cost will subside over time
- Argument against 'one-subject one-language rule': LM is a great scaffold for pupils with low L2 exposure and proficiency
- → May become redundant from a linguistic perspective in later stages, but can still be relevant for psycho-emotional/political/... reasons depending on the context



#### LIMITATIONS & FUTURE DIRECTIONS

Are the observed mixing costs and benefits modality-dependent? (e.g., reading or production skills)

Would we observe similar results in other types of languagemixing? (i.e., intra-sentential language-mixing)

Further need to test the L2 exposure and proficiency hypotheses

→ Group comparisons based on different L2 exposure rates



# CONCLUSION

# CONCLUSION

When considering educational contexts with lower L2 exposure and proficiency, language mixing partly mitigates the L2 disadvantage in learning that would otherwise occur.

→ An additional, albeit more nuanced, argument in favour of the "plea to end the language-mixing taboo" (Anton et al., 2016)



# THANK YOU!



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