CHILD AND YOUTH CONCERNS SCALE

The Child and Youth Concerns Scale (CYCS) is comprised of 8 main areas of concern noted by children of post separation and divorce. The areas chosen are based on research related to what children say and/ or express is important to them and on what those who interview/ meet with children say is important to them. One or more areas listed below may be of concern for the child. Please check each area that applies and rate the concern on the 5-point scale indicating the degree of the concern. The CYCS is meant to assist those working with children and youth to decipher what is important to a particular child in order to provide helpful feedback to parents and other relevant third parties.

BIRTHDATE: _		CHILD LAST	NAME:	
SCHOOL:		<i>GRADE:</i>		
4 <i>GE:</i>		GENDER	□ M	□ F
spent with or	ne or both parents, am nt, confusion about time	r metaphorically shares concertount of time spent at each pare and schedules, etc.		
Low 1	2	Moderate 3	4	High 5
The child/y include his/possession	/her physical living spa ns, school possessions om a parent room, she	or directly shares concerns ab ace, adjustments to new/old spa and study areas. Can include	ace (houses, be	drooms), personal

include ei to transiti	motions related to not wa ons from one parent to the floss, feelings of missin VES	ACE or directly shares concerns abo anting to go back and forth betw he other, general emotional ups g a parent, etc. NO	veen two houses, emotions re	lated
Low		Moderate		High
1	2	3	4	5
	ports a lack of flexibility.	n one another, no space betwe	en seif and parents,	
Low		Moderate		High
Low 1	2	Moderate 3	4	High 5
5. UNDE The und age pare	ERSTANDIN child/youth symbolically erstanding of his/her par inappropriate information ent separation, no ability fusion, he/she was surp		SEPARATION is about his/her ude awareness of adult propriate understanding of es in family, general	5
5. UNDE The und age pare con OBSERVED	ERSTANDIN child/youth symbolically erstanding of his/her par inappropriate information ent separation, no ability fusion, he/she was surp	G OF PARENT y and/or directly shares concerrents' separation. This may include about the separation, age ago to share anything about changerised or shocked by the separation.	SEPARATION is about his/her ude awareness of adult propriate understanding of es in family, general	5

6. FAMIL				***
parents, s views one important, those who	iblings and extended far or more of the family m he/she views one or m meet his/her needs (or	or directly shares information at mily members, and step-family nembers as particularly supporti ore family members as harmful r not), he/she requests more proilly or step-family member etc.	members. This may ind ve, protective and/or re and/or abusive, he/she	clude he/she elationally e identifies
OBSERVED	_ ,	NO NO		
Please Specify				
_				
Low		Moderate		High
1	2	3	4	5
		nd/or directly shares information		
	urricular activities). He/s	s at school, peers in the neighboushe may express specific issues NO		
(extrac	urricular activities). He/s	she may express specific issues		
(extraction of the contraction o	urricular activities). He/s	she may express specific issues		
(extraction of the contraction o	urricular activities). He/s	she may express specific issues		
(extraction of the contraction o	urricular activities). He/s	she may express specific issues		
(extrac OBSERVED Please Specif	urricular activities). He/s	she may express specific issues		friendships.
(extrac OBSERVED Please Specif — — — Low	urricular activities). He/s ☐ YES 'y:	she may express specific issues NO Moderate	s and needs related to	friendships.
(extrace OBSERVED Please Specification	urricular activities). He/s	Moderate 3	s and needs related to	friendships.
OBSERVED Please Specif Low 1 8. COM	urricular activities). He/s U YES y: 2 MUNITY CO	Moderate 3	s and needs related to	friendships High
(extract OBSERVED Please Specification Low 1 8. COM The child his/her c	yES yES www.day.com/	Moderate 3 ONNECTIONS d/or directly shares information clude a connection to his/her ne	about his/her connecticighborhood, school,	friendships. High 5
(extract OBSERVED Please Specification Low 1 8. COM The child his/her coextraction	yES yES www.day.com/	Moderate 3 ONNECTIONS d/or directly shares information	about his/her connecticighborhood, school,	friendships. High 5
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			ares information	significant to him/her not	
OBSERVED Please Speci		□ NO			
Please Speci	iy.				_
_					_
Low		Mo	oderate		— High
1	2		3	4	5

SUMMARY

Please review the above 9 areas and provide an overall Concern Score. Identify the areas of greatest concern for the child. Ensure that in an age appropriate manner you share with the child what you have understood to be his/her biggest concerns/worries. Prior to directly sharing with parents or other third parties, gain the child's agreement for you to generally share his/her concerns with a 3rd party.

This tool is meant to assist parents to consider their children's input and concerns in order to create sensitive plans for their children post separation and divorce.

CONCERN SCORE:



TOP AREAS OF GREATEST CONCERN FOR CHILD/YOUTH

1)	 	
2)		
3)		
4)	 	
CHILD SPECIALIST_	 	
DATE		

PLEASE NOTE

The CYCS is intended to guide practitioner judgement in the formulation of strategies for the giving of feedback to parents. It is not intended for the distribution to clients, nor for any form of client feedback.